

Canyon Keepers 2017 Hike List

Date, Day	Trail	Hike Info	Meeting Info	Leader
May 6, Saturday	Walk & Roll—the paved road at Olmstead	<p>Walk and Roll</p> <p>Come and join State Park’s Canyon Keeper on an interpretive walk and roll. The Canyon Keepers would like to offer an opportunity to families with small children and strollers as well as those in wheel chairs to join them on a walk or roll as the case may be. This tour is also for those that cannot get out and do the narrow trails but would love to get out and enjoy nature.</p> <p>The walk/roll is scheduled for May 6th at 9:00 and will begin from the parking lot found behind the Cool fire station just off Highway 49 and follow a paved road (no auto traffic) approximately one mile out and then back on the same road. The road is fairly level with slight grades. The road winds along the hills with oak and pine woodlands. Interpretive guides will talk about the wildflowers along the road as well as some local history and native plants and birds.</p> <p>Bring hats or umbrella, a snack and plenty of water. The parking area is a State Park pay area. Get out and enjoy some walking and rolling!</p>	9:00 am at the trailhead parking area behind the fire station in Cool. Parking fee is required.	Charlene and Terry 530-346-7032
May 10, Wednesday	Olmstead Loop, small ponds and meadows	We’ll make a 4-5 miles loop among the rolling oak woodlands, meadows and small ponds on the north side of the paved road. Trail may be muddy in spots if recent rains. Bring lunch, water, essentials, and pass or \$ for parking fee.	Meet at Burger King, on Lincoln way at Foresthill Exit off I-80 near Auburn at 9:30 am. or at parking lot behind fire station in Cool at 10:00am. No dogs. Rain cancels.	Sheila Toner, 530-886-0673
Saturday May 13 at 8:30	Robie Trail to Canyon Creek	This is an adventure hike that is eight miles out and back. This is a fast wildflower hike. This hike is moderate with great views of the river	Meet at the Holiday Market in the back of	Diane Cornwall 530-888-

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		and beautiful flora near the creek. Plan on 5 or more hours.	the parking lot on the corner of 49 and 193 in Cool. Bring good hiking shoes, lunch, water and essentials. Rain cancels.	1404, 805-279-2906
June 7, Wednesday,	Western States Trail/ Railroad Bed Section	We will hike a short portion (approx 4 miles r/t) of the Western Stakes Trail that goes over the Mt. Quarry Bridge or "No Hands Bridge" and along portions of the Mt. Quarry RR route to Auburn. We will cross a stream below a year round waterfall en-route. Nice views of the river. We will stop for lunch on the way back at the rocky beach just below the Quarry Bridge, and enjoy the river. Bring lunch, water, and essentials.	Meet at Burger King, on Lincoln Way at Foresthill Exit off I-80 near Auburn at 9:00 am or Trailhead off Hwy 49 at 9:15. No dogs. Rain cancels.	Sheila Toner 530-886-067
June 10, Saturday	Olmstead Loop trail and beyond	We will hike parts of the loop and other side trails to look at wildflowers, ponds, oak woodlands and meadows. There are some good areas for viewing birds. Hike will be 6-8 miles over 4 hours. Bring water and plan that it could be warm. Dogs on leash are welcome. Heavy rain cancels.	8:30 am at the trailhead parking area behind the fire station in Cool. Parking fee is required.	Charlene and Terry (530)346-7032
July 8, Saturday	Quarry Road Trail	We will hike approx. 7 miles roundtrip to the intersection with Brown's Bar Trail and back. This is a wide trail with a few 100-200 foot elevation climbs. You can see remnants of the limestone quarry equipment along the way. There are also good views of the river with areas to cool off in the water. Dogs on leash are welcome.	8:00 am at the Confluence kiosk. Parking fee is required.	Terry and Charlene
August 12, Saturday	Robie Point fuel break trail (Robie Point to Hwy 49)	This is a wide trail with good views of the river. We will be looking for birds and butterflies during the hike. The hike will be approx. 4 miles round trip and relatively easy. Dogs on leash are welcome. Plan on 2-3 hours for the hike.	Meet at 9:00 am in Auburn at the end of Robie Drive. Parking is somewhat limited so carpooling is recommended.	Charlene and Terry 530-346-7032
September 9, Saturday	American Canyon/Dead Truck/Western States trails	This is a steep trail that crosses American Canyon and Hoboken Creeks. The hike will be approx. 6 miles so plan for about a 3 hour hike.	8:30 am at the Holiday Market parking lot in Cool. Parking is limited at the trailhead so carpooling is recommended.	Charlene and Terry 530-346-7032

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September TBD	Confluence Bridges and nature hike	In conjunction with the fall river clean up the Auburn State Recreation Area Canyon Keepers, a volunteer organization whose members serve as docents in the Auburn State Recreation Area, is hosting a Historic Bridges Tour and Nature Hike This is an easy 3-mile hike along the North Fork and confluence area. Approx. 3 hour for entire tour. https://www.google.com/maps/dir/38.9158,-121.041/@38.9126154,-121.0531788,14z	9:00 at the Confluence kiosk. Parking fee may be required.	Charlene and Terry 530-346-7032
October 7, Saturday	Foresthill Divide Loop Trail	We will hike approx. 7 miles of the loop. This is a single track trail through woodlands and grasslands of the Foresthill Divide. The trail has some elevation changes of 200-300 feet along the way. Allow about 3 hours for the hike. Dogs on leash are welcome but should be comfortable with bicycles going past.	9:00 am at the parking area along Foresthill Rd. just past Drivers Flat Rd.	Charlene 530-346-7032
Oct 25, Wednesday	Bridge View – Stagecoach – Mossy Rock Loop	This short approx 3 mile loop with an elevation change of +/- 600 ft offers a variety of scenery, views and different types of trails. It starts out on the wide, sunny Bridgeview Trail, joins the historic Stagecoach Trail for a short way, then transitions to the shadier and narrower Flood and Mossy Rock Trails before returning to the top of Bridgeview. This pleasant, not too strenuous, outing offers nice views of the entire Confluence Area and a unique perspective on the Foresthill Bridge.	Meet in Auburn at Burger King, on Lincoln Way at Foresthill Exit off I-80 at 9:30 am, or at gate 112 just before Foresthill Bridge. No dogs. Rain cancels.	Sheila Toner 530-886-0673.
November 11, Saturday	Railroad Bed hike	We will follow the bed of the old Mountain Quarry Railroad. Pictures of the historic railroad will be shown as we stop and talk about the route. We will end at the Mountain Quarry Railroad Bridge. The hike is about 4 miles with a couple of technical spots. Plan on 3 hours for the hike.	9:00 am at the American River Overlook park off Pacific Ave. in Auburn. We will drop some cars at the confluence near the Mt. Quarry Bridge for the return trip.	Terry and Charlene 530-346-7032

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Nov 22, Wednesday	Tinker's Cut Off, Manzanita and Stagecoach Loop	We'll make a 4-5 mile loop using the narrow, steep but short Tinker's Cut Off to Stagecoach and then Manzanita as our uphill route. This is a moderate but steady uphill with some narrow, rutted sections. We will enjoy the views of the American River on the wide, moderate grade of the historic Stagecoach Trail, dating from the 1850's, on the way down.	Meet at 9:30 A.M. at Confluence Area, by shade shelter just before OLD (low) Foresthill Bridge. No dogs. Rain cancels.	Sheila Toner 530-886- 0673.
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