

Canyon Keepers 2015 Hike Schedule

Month	Date and Time	Location/ Trail Guides http://members.psyber.com/asra/page5.html	Meet At: (See Trail Guides for meeting location or click Google link.)	Hike Leader
Also see SPECIAL Hikes below by Barry Anderson.				
Jan				
Feb	4 th 9:30 am	February 4, Wednesday Tamaroo Bar https://www.google.com/maps/dir/38.9101109,-121.1107282/38.9158,-121.041/38.8894464,-121.0695366/@38.889054,-121.069204,16z/data=!4m2!4m1!3e0 or https://www.google.com/maps/dir/38.9101109,-121.1107282/38.9158,-121.041/38.8894464,-121.0695366/Burger+King/@38.9249888,-121.055345,17z/data=!4m11!4m10!1m0!1m0!1m0!1m5!1m1!1s0x0:0x2c4eb1fc5aef7ad5!2m2!1d-121.055531!2d38.925431!3e0	We'll hike a 4-5 mile loop down from the dam overlook in Auburn to Tamaroo Bar on the American River. We'll enjoy a break on a rocky beach alongside the river while having lunch. Hike will provide many opportunities to see remains of the efforts to build the Auburn Dam as well as a natural looking section of the river. Meet at 9:30am at Burger King on Lincoln Way at Foresthill Exit in Auburn off I-80, or at Auburn Dam Overlook Parking area off Pacific Ave in Auburn at 9:45. No dogs. Rain cancels. Leader: Sheila Toner, 530-886-0673	Sheila
Feb	14 th 9:00 AM	Confluence https://www.google.com/maps/dir//38.9158,-121.041/@38.9126154,-121.0531788,14z	Canyon Keepers to Lead Hike on Saturday; All Welcome to Attend The Auburn State Recreation Area Canyon Keepers, a volunteer organization whose members serve as docents in the Auburn State Recreation Area, is hosting a Historic Bridges Tour and Nature Hike on Saturday, Feb. 7, beginning at 9 a.m. All are welcome to attend.	Terry and Charlene

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Mar	25 th 9:00 am	Tinker's Cut Off, Manzanita and Stagecoach Loop) https://www.google.com/maps/dir//38.9158,-121.041/@38.9126154,-121.0531788,14z	<p>We'll make a 4-5 mile loop using the narrow, steep but short Tinker's Cut Off to Stagecoach and then Manzanita as our uphill route. This is a moderate but steady uphill with some narrow, rutted sections. We will enjoy the views of the American River on the wide, moderate grade of the historic Stagecoach Trail, dating from the 1850's, on the way down. Bring snack, water, \$ or pass for state parking fee and essentials. No dogs. Rain cancels. Meet at 9:30 A.M. in Auburn at Confluence Area by the shade shelter, just before OLD (low) Foresthill Bridge. Rain cancels. Leader: Sheila Toner 530-886-0673.</p>	Sheila
Mar				
March				
Apr	4 th 9:00 AM	Olmstead Loop Special Walk and Roll!	<p>"Walk and Roll"! Come and join State Park's Canyon Keepers on an interpretive "walk and roll" hike/tour! The Canyon Keepers would like to offer an opportunity to families with small children and strollers as well as those in wheel chairs to join them on a walk or roll as the case maybe. This tour is also for those that cannot get out and do the narrow trails but would love to get out and enjoy nature. <u>The walk/roll is scheduled for April 4th at 9:00 and will begin from the parking lot found behind the Cool fire station (Olmstead Trail Head)</u> https://www.google.com/maps/@38.8888714,-121.0170854,185m/data=!3m1!1e3?hl=en See Events Schedule for more detail</p>	Terry and Charlene
Apr	15 th 9:30 AM	Fuel Break, Culvert, and Confluence Trails https://www.google.com/maps/dir//38.9158,-121.041/@38.9126154,-121.0531788,14z	<p>We'll take a pretty hike among oak meadows, with frequent river views. We'll hike a little over 4 mile from the Foresthill Divide to the Confluence Area on the three trails listed above. Nice views of Middle Fork and maybe some wildflowers. After initial uphill, hike is mostly downhill on narrow, rocky trails. Bring lunch, water, and essentials. No</p>	Sheila

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			dogs. Rain cancels. Meet at 9:30 am in Auburn by shade shelter at Confluence Area, (state parking fee required) just before OLD (low) Foresthill Bridge. We will shuttle from there to starting point. Leader: Sheila Toner 530-886-0673.	
April	16 th 9:00 AM	Codfish Falls Trail, North Fork of the American River, Ponderosa Way, Placer County	<p><u>Meeting Time and Location:</u> Meeting in Cool at the Holiday Market at the intersection of 49 and 193 at 8:30am and at the Raley's Parking lot, 13384 Lincoln Way in Auburn at 9:00am.</p> <p><u>Duration:</u> 4 to 5 hours</p> <p><u>Description:</u> This trail provides excellent views of the river and ends at an impressive 40 foot waterfall. In this riparian woodlands ecosystem there are many species that will be in bloom. A fuller description of this trail is in the book, American River Canyon Hikes by Jim Ferris, Michael Lynch and Sheila Toner.</p> <p><u>Level of Difficulty:</u> Easy, but trail narrows at times with steep drop-offs to the river.</p> <p><u>Bring:</u> Hat, sunscreen, insect repellent, water, lunch and sturdy shoes and hand lens(optional). Plant list will be provided.</p> <p><u>Contact:</u> Diane Cornwall dancingwildflowers@me.com (530)888-1404</p>	Dianne Cornwall
April	25 th 9:30 AM	<u>April 25 (Saturday)</u> <u>Stevens Trail, North Canyon Way in Colfax</u>	<p><u>Meeting Time and Location:</u> 8:30am at Holiday Parking Lot, intersection of 49 and 193 in Cool, or 9:00am at Raley's, 13384 Lincoln Way in Auburn, or at the trailhead at 9:30am.</p> <p><u>Duration:</u> 6 hours</p> <p><u>Description:</u> It is 3.2 miles to the river and about one and one half hours down and 3 hours back up with over 1000 feet change in elevation. The wildflower displays are very beautiful with many colors and species. Beautiful views of the North Fork of the American River are around very bend. A full description of the trail can be found in the American</p>	Dianne Cornwall

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			<p><u>River Canyon Hikes by Jim Ferris, Michael Lynch, and Sheila Toner.</u> <u>Level of Difficulty: Moderate up and down, narrow in places and some steep drop-offs.</u> <u>Bring: Water, lunch, bug spray, hat, sunscreen and sturdy shoes. Hand lens is a good option. Plant list is available.</u> <u>Dogs must be on leashes.</u> <u>Contact: Diane Cornwall,</u> dancingwildflowers@me.com, (530) 888-1404</p>	
May	16 th	Codfish Falls	<p>05/09/15 The Canyon Keepers will hike the Codfish Falls Trail in Weimar on Saturday May 16th. The group will meet at 8:30 a.m. in the Raley's parking lot in Auburn (Foresthill Rd exit). The hike is 3.4 miles round trip with views of the river, flowers and a waterfall. Allow 3 to 4 hours for the hike and driving. Higher clearance vehicles are recommended for the dirt road to the trailhead. Wear proper hiking shoes and bring water.</p>	Charlene
May	27 th 9:30 AM	<p>Foresthill Divide Loop</p> <p>https://www.google.com/maps/dir/38.9101109,-121.1107282/38.9158,-121.041/38.8894464,-121.0695366/@38.889054,-121.069204,16z/data=!4m2!4m1!3e0 or </p>		

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		121.055531!2d38.925431!3e0		
May	30 th 8:30 AM	Lake Clementine Trail, North Fork American River, Placer County, Auburn SRA	<p><u>Meeting Time and Location:</u> We will carpool from the Holiday Market at the intersection of 49 and 193 in Cool at 8:30am and the Raley's parking lot, 13384 Lincoln Way in Auburn at 9:00am. <u>You can also arrange to meet us at the trailhead. There is a fee for parking at the trailhead.</u></p> <p><u>Duration:</u> 3 hours</p> <p><u>Description:</u> We will be looking for the blooms of the Oval-Leaved Viburnum (<i>Viburnum ellipticum</i>) which only blooms for two weeks. There should be many other wildflowers along the trail. <u>The hike begins at the far side of the Old Foresthill Bridge and we will go 1.9 miles to near the dam face waterfall at Lake Clementine.</u></p> <p><u>Level of Difficulty:</u> Easy, except for areas where trail narrows due to washouts.</p> <p><u>Bring:</u> Water, snacks, bug spray, hat, sunscreen, and sturdy shoes. A hand lens is optional. Plant lists are available.</p> <p><u>Contact:</u> Diane Cornwall dancingwildflowers@me.com (530)888-1404</p>	Dianne Cornwall
Jun				
July				
Aug				
Sep				
Sept				
Oct				
Oct				
Oct				
Nov				
Dec				

**All hikes are subject to change due to weather or other scheduled events that will be using the trail.

The Bridges Tour is a scheduled interpretive hike held on days listed above. History of all bridges present and some long gone is taught with visual aids and a historian well versed on the history of the area. It is an easy hike and family friendly. Some parts of the trail are narrow and not recommended for strollers. Small children must be closely watched as there are steep drop-offs in some areas.

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Notifications and descriptions will be sent out via E-Mail prior to the hike. If you are not getting our E-Mails, **CLICK HERE** ayoder@vfr.net and request to be put on our list.

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Special: Barry Anderson 2015 Hikes

Month	Date/Time	Location	Description/Meeting Place	Leader
Jan	22/8:30	‡Lake Clementine Trail (Trail Map #18)	Easy 4 miles up and back with about a 300-foot elevation gain. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) or the Confluence (8:45).	Barry/Gaylene/John
Feb	26/8:30	‡Pioneer Express Trail	Rattlesnake Bar area of the Folsom Recreation District. Exact location to be determined, and we may make a side trip to see bald eagles. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) or the Maidu Market lot (8:45).	Barry/Gaylene/John
Mar	19/8:30	‡Foresthill Divide/Overlook Spur (Trail Map #12)	Part of the Divide Loop from the Grizzly House parking area to the Overlook. About 3 miles. Easy, except for the short Overlook Spur. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) or the Grizzly House lot (8:45).	Barry/Gaylene/John
Apr	22/8:30	‡Codfish Falls Trail (Trail Map #7)	Not quite 4 miles up and back. Beautiful wildflower displays. Very easy. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30).	Barry/Gaylene/John
May	21/8:30	‡Olmstead Loop (Trail Map #26, but the best map is the bandana map available in Cool)	We will do part of the Olmstead area, but the exact route is uncertain at this time. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) or the lot in Cool behind the Firehouse (8:45).	Barry/Gaylene/John
Jun	25/8:30	‡Cool-Western States Trail (Trail Map #26 and #34 or #43)	This will be a car shuttle. We will hike part of the Western States Trail from Cool to the No Hands Bridge. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) behind the fire station in Cool (9:00).	Barry/Gaylene/John
Jul	23/8:30	‡American Canyon Trail (Trail	Perhaps 4 miles round-trip. Elevation gain of 500 to 1100 feet,	Barry/Gaylene/John

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		Map #1)	depending on where we stop. This hike is more strenuous than our usual hikes, but it provides new and interesting habitats to explore. You may want to bring a lunch. Meet at the NW corner of the Raley's parking lot on Lincoln Way (8:30) or behind the firehouse in Cool (8:45).	
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‡ These are mid-week, nature-oriented hikes focusing on birds and plants, but other aspects of the area's natural history may be discussed. Most hikes are easy and suitable for everyone; plan on 2 ½ to 4 hours, depending on the hike. Binoculars, hand lenses, and guide books will enhance the experience. Please be on time, because we will leave at the times indicated. Hike leaders are Gaylene Tupen (wildlife biologist), Barry Anderson (botanist), and John Krogsrud (botanist). Parking fees are charged at most locations, but we will car pool from Auburn so you may be able to travel with someone having a pass. Call Barry at (530) 878-7048 for more information.